

**Boys DIVISION 1** finalists listed in alphabetical order  
Coach of the Year indicated by box around Name and school

Tom Carney Pinckney MITCA Coach of the Year
---

2005 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	2

Season and Career Highlights

Tom has been coaching for a total of four years, all at Pinckney, two of them as a head coach. This year was Tom's second Regional win and his first state championship.

Stan Ford  
Lake Orion

2005 Season Data

Regional Place:	1
Final Place:	5
Number of All-State Runners:	2

Season and Career Highlights

Stan has been coaching for a total of twenty-four years, all as head coach at Lake Orion. In this time, Stan has had four top ten final meet finishes, been regional champ four of the last six years, and garnered twelve conference championships. In 2004 his team was first place, academic all-state.

Don Sleeman  
Ann Arbor Pioneer

2005 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	3

Season and Career Highlights

Don has been coaching for a total of thirty-eight years, all as head coach, all at Ann Arbor Pioneer. In this time, Don has won nineteen league and 11 regional titles; his teams have qualified to the final meet twenty-five times winning three runner ups and four championships.

Buzz Wynbeek  
Rockford

2005 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	2

Season and Career Highlights

Buzz has been coaching for a total of fourteen years, all as a head coach, three years at Rockford. Prior to Rockford, Buzz coached XC at Aquinas College and two other high schools. Since at Rockford, Buzz has won three league and two regional championships and finished twice in the top ten at the final meet.

MITCA Cross Country Coach of the Year - 2005

**Boys DIVISION 2** finalists listed in alphabetical order  
Coach of the Year indicated by box around Name and school

Jim Bilsborrow  
Coldwater

2005 Season Data

Regional Place:	2
Final Place:	5
Number of All-State Runners:	2

Season and Career Highlights

Jim has been coaching for a total of thirty-three years, all as head coach at Coldwater. Jim's boy's teams have two regional and eight conference championships. His boy's teams have also finished in the top ten at the final meet five times.

Steve Cuttitta  
Flint Powers Catholic

2005 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	1

Season and Career Highlights

Steve has been coaching for a total of two years, each as a head coach. This season was Steve's first Flint Powers Catholic.

Jaime Dudesh  
Dexter  
MITCA Coach of the Year

2005 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	4

Season and Career Highlights

Jaime has been coaching for a total of eight years, all as head coach at Dexter. During his career, Jamie has won four conference and three regional championships. This year's state meet win is Jaime's fourth in a row, having won each year including 2002.

Nick Stratton  
Bloomfield Hills Lahser

2005 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	3

Season and Career Highlights

Nick has been coaching for a total of seventeen years, twelve as head coach, seven of them as head coach at Bloomfield Hills-Lahser. In the last five years, Nick's teams have run to a 34-0 record. Additionally, his teams have won four straight regional titles and finished in the top ten at the final meet each of the last four years. This year's second place finish moves the team up one place from last year's finish and matches that in 2003.

**Boys DIVISION 3** finalists listed in alphabetical order  
Coach of the Year indicated by box around Name and school

David Miller  
Jackson Lumen Christi

2005 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	2

Season and Career Highlights

David has been coaching for a total of eleven years, all as head coach at Jackson Lumen Christi. Under his direction, the boys have run to an overall dual meet record of 73-16, five conference and five regional championships. This year was Dave's eighth appearance and fifth top ten finish at the final meet.

**Paul Nilsson**  
**Williamston**  
**MITCA Coach of the Year**

2005 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	4

Season and Career Highlights

Paul has been coaching for a total of thirty-two years, all as head coach at Williamston. In this time, Paul has established an impressive 405-187 dual meet record, eight conference and nine regional championships. His team's first place finish at the final meet is his second state title.

Denny Scully  
Grand Rapids West Catholic

2005 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	5

Season and Career Highlights

Denny has been coaching for a total of six years, all as head coach at Grand Rapids West Catholic. With an undefeated dual season this year, his overall record has advanced to 37-7. Denny has won three conference championships. This year's second place final meet finish is his fourth consecutive top three finish.

Tim Simpson  
Lansing Catholic Central

2005 Season Data

Regional Place:	2
Final Place:	4
Number of All-State Runners:	2

Season and Career Highlights

Tim has been coaching for a total of ten years, all as a head coach with the last six years at Lansing Catholic Central.

MITCA Cross Country Coach of the Year - 2005

**Boys DIVISION 4** finalists listed in alphabetical order  
Coach of the Year indicated by box around Name and school

Tom Gass  
Vandercook Lake

2005 Season Data

Regional Place:	1
Final Place:	5
Number of All-State Runners:	3

Season and Career Highlights

Tom has been coaching for a total of thirty years, all as head coach at Vandercook Lake. In that time, Tom has won eight conference titles. This year, his team won five invitationals (including the regional meet). The teams fifth place finish in this years' final meet is his team's eighth, top seven finish, in the last nine years.

Ron Hart  
Bellevue

2005 Season Data

Regional Place:	3
Final Place:	2
Number of All-State Runners:	3

Season and Career Highlights

Ron has been coaching for a total of twenty years, all as head coach at Bellevue. In that time, Ron has coached to three league championships, fifteen appearances at the final meet through individual qualifiers and four team appearances. This years' runner-up finish was Ron's third top ten finish.

Steve Kelly  
St. Louis  
MITCA Coach of the Year

2005 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights

Steve has been coaching for a total of sixteen years, eleven as head coach at St. Louis. This season, Steve's team won five invitational meets, including a fifth regional championship. This years' state meet win is Steve's first.

Dal Townsend  
Bear Lake

2005 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	3

Season and Career Highlights

Dal has been coaching for a total of fifteen years, the last nine years have been as head coach at Bear Lake. Matching last year, Dal's team won six invitationals. In his career, Dal has nine conference and eight regional titles. This years' third place finish is the team's eighth top ten final meet placement.

**Girls DIVISION 1** finalists listed in alphabetical order  
Coach of the Year indicated by box around Name and school

<p>Jamie LaBrosse Clarkston MITCA Coach of the Year</p>
---

2005 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	2

Season and Career Highlights

Jamie has been coaching for a total of eight years, six years as a head coach, and all eight at Clarkston. This year marks the third consecutive year that Jaime has won the state championship. In addition, his teams have won five consecutive Oakland County championships, four leagues and three regionals.

John Quiring  
Okemos

2005 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	2

Season and Career Highlights

John has been coaching for a total of twenty-eight years, all at Okemos. In this time, John has compiled a dual meet record of 156-38, plus several league and regional titles.

Susan Tatiagian  
Livonia Churchill

2005 Season Data

Regional Place:	2
Final Place:	4
Number of All-State Runners:	1

Season and Career Highlights

Susan has been coaching sixteen years as a head coach, ten years at Livonia Churchill. This season marks the third time Susan's teams have placed in the top ten at the final meet. Additionally, she has won three conference championships.

Lisa Taylor  
Traverse City Central

2005 Season Data

Regional Place:	2
Final Place:	5
Number of All-State Runners:	1

Season and Career Highlights

Lisa has been coaching for eighteen years, fourteen as a head coach, twelve of them at Traverse City Central. This season marks Lisa's tenth straight year bringing a team to the final meet. Six of the last nine teams have placed in the top ten

**Girls DIVISION 2** finalists listed in alphabetical order  
Coach of the Year indicated by box around Name and school

**Bob Brown**  
**East Lansing**

2005 Season Data

Regional Place:	3
Final Place:	4
Number of All-State Runners:	2

Season and Career Highlights

Bob has been coaching for a total of twenty-four years, all but the first as a head coach, all at East Lansing. This year's team won three invitationals, placed fourth in the league meet. Bob's team has run to top ten final meet finishes twice, this year and in 2003.

**Joe Curcuru**  
**Grand Rapids Forest Hills Northern**

2005 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	1

Season and Career Highlights

Joe has been coaching for a total of nine years, all at Grand Rapids Forest Hills Northern. Joe's team kicked off the championship portion of the cross country season by winning their conference championship. Additionally, Joe's team has brought home the regional trophy each of the last two years.

**Doug Jager**  
**Grand Rapids Christian**  
**MITCA Coach of the Year**

2005 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights

Doug has been coaching for a total of fifteen years, all at Grand Rapids Christian. Doug's teams have been either conference or conference co-champs in each of his coaching years. His runners won the 2005 conference meet with 15 points. Doug's teams have been in the top ten at the final meet two previous times.

**Steve Winkle**  
**Grand Rapids South Christian**

2005 Season Data

Regional Place:	2
Final Place:	2
Number of All-State Runners:	3

Season and Career Highlights

Steve has been coaching for a total of eleven years, all at Grand Rapids South Christian. Steve's second place finish at the regional meet matched his runner-up position at the final meet.

**Girls DIVISION 3** finalists listed in alphabetical order  
Coach of the Year indicated by box around Name and school

Pat Pastula  
Hillsdale

2005 Season Data

Regional Place:	2
Final Place:	3
Number of All-State Runners:	3

Season and Career Highlights

Pat has been coaching for a total of twenty-eight years, all but the first as head coach, all at Hillsdale. Pat's team has brought home twelve conference titles, qualified to the final meet an equal number times and finished in the top ten eleven times.

Dennis Snarey  
East Jordan

2005 Season Data

Regional Place:	2
Final Place:	5
Number of All-State Runners:	2

Season and Career Highlights

Dennis has been coaching for a total of twenty-one years, all at East Jordan. For the last fourteen years he has shared coaching responsibilities with Matt Peterson. This year's team won three invites. In his career, Dennis and Matt have won seven conference and five regional championships. This shared team has also won two state championships, once in Class C and once in Division 4.

Jennifer Sweet  
Goodrich

MITCA Coach of the Year

2005 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights

Jennifer has been coaching for one year. Like hitting a grand slam in a first at-bat, this freshman coach came away with a first place finish at this year's final meet.

Mike Woolsey  
Jackson Lumen Christi

2005 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	4

Season and Career Highlights

Mike has been coaching for a total of twenty-seven years, all at Jackson Lumen Christi. Mike was voted national cross coach of the year in 2004. This year, his team added to an already impressive dual record now standing at 198-19. Additionally, both a conference and regional championship brings those championship counts to fifteen and eleven respectively. This year's second place finish is Mike's fifth time in the runner-up position.

**Girls DIVISION 4** finalists listed in alphabetical order

Coach of the Year indicated by box around Name and school

Tammy Laurie  
Ubly

2005 Season Data

Regional Place:	1
Final Place:	6
Number of All-State Runners:	3

Season and Career Highlights

Tammy has been coaching for one year. Tammy's ability to team unity by challenging her athletes both mentally and physically played a large part in the team's performance this year.

Tom Read  
St. Francis

2005 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	2

Season and Career Highlights

Tom has been coaching for a total of eight years, all at St. Francis. This year's team brought home both a regional trophy and a final meet runner-up trophy.

**Kendall Schroeder**  
**Big Rapids Crossroads Academy**  
**MITCA Coach of the Year**

2005 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights

Kendall has been coaching for a total of seven years, all at Big Rapids Crossroads Academy. In the past three years, Kendall's teams have been no worse than runner-up. Once again, his teams brought home second consecutive regional and final meet crowns.

Matthew Yacoub  
Southfield Christian

2005 Season Data

Regional Place:	1
Final Place:	4
Number of All-State Runners:	2

Season and Career Highlights

Matthew has been coaching for a total of eight years, all but the first as head coach, all at Southfield Christian. This year's team brought home its third consecutive regional championship (scoring fifteen points) and added to Matthew's impressive final meet top ten finish record now totaling three in six years.