



For High School Seniors

November 17, 2007

Kettering Recreation Park

Kettering, OH

Teams Invited	Illinois, Indiana, Michigan, Ohio, Pennsylvania, West Virginia
	Each state will have teams of ten senior boys and ten senior girls. The winner will be the state with the lowest combined total of the top five runners
Pre-Meet Social	Friday for all contestants
Awards Banquet	Following the race; awards will be given to all participants. Trophies will be given to all members of the winning teams.

Qualify for
Team
Michigan

Sunday, November 11th

Ella Sharp Park,
Jackson, MI (see back)

GIRLS – 2:00 PM BOYS – follow

No Entry Fee, No Awards for qualifying race

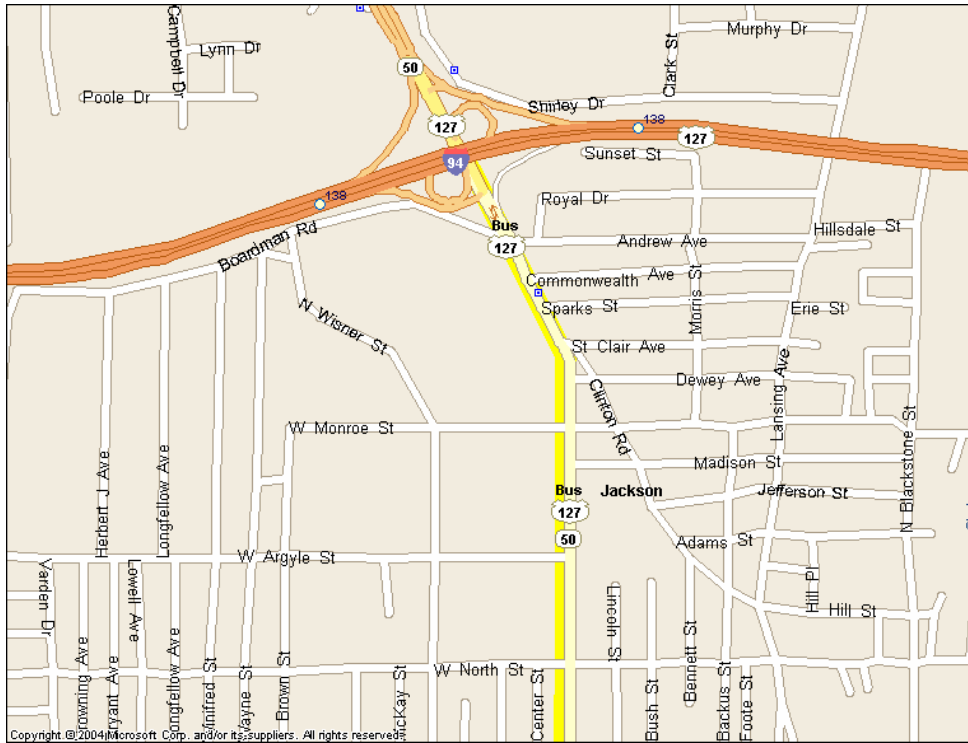
Runners must run UNATTACHED from their High Schools
DO NOT WEAR SCHOOL UNIFORMS

Athlete lodging and meals in Kettering will be paid for by the
Michigan Interscholastic Coaches Association (MITCA)

MI Coaching Staff	Mike Woolsey	Lumen Christi	517.768.0929
	Kevin Hanson	Sterling Hts Stevenson	586.268.6964

The Mid-East meet has been approved by the MHSAA
and adheres to all rules regarding post season competition

From Exit 138 off of I-94,



1. South on US-127/M-50 (also called West Ave)
2. After about two miles,
3. Turn left onto I-94 Business Route (also called West Michigan Ave)
4. After about 0.25 miles
5. Turn right onto 4th Street
6. After about two miles,
7. Enter Traffic circle
8. Park entrance is south east of the traffic circle

