Nate Hampton named Charles Sweeney Award Winner

Nate Hampton the MHSAA Assistant Director was welcomed by a standing ovation as he received the 2016 Charles Sweeney Award at the MITCA Track and Field Clinic on Friday, February 5, 2016. The Sweeney Award is named after one of the MITCA Founding fathers, Charles Sweeney and is the highest honor given at the Track Clinic. Nate was a 1966 graduate of Detroit Eastern High School, where he participated in football, swimming and golf. He received his Bachelor’s Degree in 1971 from Morgan State University, which he attended on a football scholarship. In 1978 he earned his Master’s Degree in education from Eastern Michigan University. Nate spent 15 years teaching and coaching in Highland Park. He coached football for 15 years, swimming for 12, and volleyball for four. Nate also spent time with in the Saginaw Public School before assuming a role with the Michigan High School Athletic Association in 1989. Nate is currently the Assistant Director responsible for basketball, football, and track and field. He has also spent time as the MHSAA administrator directly responsible for cross country, swimming and diving, and volleyball. Nate has also served on the National Federation of High Schools (NFHS) national rules committees in the sports of football, basketball and track and field. Nate’s fine working relationship with MITCA has earned him the respect and admiration of track and cross country coaches state wide.

2016 Scholarship Winners:
Patsy Arpino (2 x $500.00)
Jake Benjamin / Siena Heights son of Tamara Benjamin from Middleville
Cassie Jager / Cornerstone daughter of Doug and Deb Jager from Grand Rapids
Kermit Ambrose (1 x $500.00)
Emma Antel / Aquinas daughter of Ray and Jennifer Antel from Wayland

Nominating forms for Special Awards and Scholarships are available at www.mitca.org
MITCA Track & Field Clinic Highlights

MITCA Hall of Fame welcomes Ed Stanbury and Mickey Story

**Ed Stanbury** has coached for 30 years, 20 years at Grand Blanc, and 10 years outside the state of Michigan. His list of accomplishments include: 17 Conference championships, 8 Regional titles, 7 top 10 finishes at the State Meet, including back to back 2nd place finishes in 2012 and 2013. His 2005 team won the MITCA Team State Meet. His teams won 22 Invitational, earned 64 All State honors, 5 top ten finishes at the Mansfield Relays and three Gatorade Players of the Year.

Mickey Story coaches at Onekama High School for 32 years. His Onekama Boys Track and Field Team combined for the 120-38 record, 15 Conference championships between 1987 and 2010, 5 Regional titles, and 4 top 10 finishes at the State Meet. He coached 29 All State athletes and 6 Individual State Champions. Coach Story’s greatest coaching pleasure came from watching his athletes improve and celebrate personal PR’s. His favorite word from his runners were “Hey Coach—can you help me with this.”
### Men’s Track & Field Coach of the Year (left to right)
- Rick Bauer, Saugatuck D-4
- Mike Woolsey, Jackson Lumen Christi D-3
- Allan Leslie, Saline D-1

### Women’s Track & Field Coach of the Year (left to right)
- Stephanie Stephenson, East Kentwood D-1
- Scott Werner, Pewamo-Westphalia D-3
- Emily Kloss, Harbor Spring D-4

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### 2015 Boys Coach of the Year Nominees

#### Winners Underlined

<table>
<thead>
<tr>
<th>Division 1</th>
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<tbody>
<tr>
<td>Allan Leslie</td>
<td>Saline</td>
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<tr>
<td>Dave Emeott</td>
<td>East Kentwood</td>
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<tr>
<td>Mark Scoles</td>
<td>Monroe</td>
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<tr>
<td>Derek Gonzales</td>
<td>Ypsilanti Lincoln</td>
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#### Division 2

<table>
<thead>
<tr>
<th>Shelby Johnson</th>
<th>Auburn Hills Avondale</th>
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<tbody>
<tr>
<td>Jeff Schorfaar</td>
<td>Coldwater</td>
</tr>
<tr>
<td>Mitch Lutze</td>
<td>Williamston</td>
</tr>
<tr>
<td>Thomas Sneckenberg</td>
<td>Charlotte</td>
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#### Division 3

<table>
<thead>
<tr>
<th>Mike Woolsey</th>
<th>Jackson Lumen Christi</th>
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<tbody>
<tr>
<td>Clay Schiman</td>
<td>Hillsdale</td>
</tr>
<tr>
<td>Asa Kelly</td>
<td>Benzie Central</td>
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<tr>
<td>John Patrick</td>
<td>Hesperia</td>
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</tbody>
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#### Division 4

<table>
<thead>
<tr>
<th>Rick Bauer</th>
<th>Saugatuck</th>
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<tbody>
<tr>
<td>David Jordan</td>
<td>Concord</td>
</tr>
<tr>
<td>Jeff Scholma</td>
<td>Muskegon Western Christian</td>
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<td>Michael Eyre</td>
<td>Union City</td>
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### 2015 Girls Coach of the Year Nominees

#### Winners Underlined

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<thead>
<tr>
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<tbody>
<tr>
<td>Stephanie Stephenson</td>
<td>East Kentwood</td>
<td></td>
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<tr>
<td>Tim Dalton</td>
<td>Northville</td>
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<tr>
<td>Randy VanderVeen</td>
<td>Rockford</td>
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<tr>
<td>Bryan Westfield</td>
<td>Ann Arbor Pioneer</td>
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#### Division 2

<table>
<thead>
<tr>
<th>Neil Feldpausch</th>
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<tbody>
<tr>
<td>James Jackson</td>
<td>Flint SW Classical Academy</td>
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<tr>
<td>Gera Peel</td>
<td>Spring Lake</td>
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<tr>
<td>Eric Grimm</td>
<td>Grand Rapids South Christian</td>
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<tr>
<td>Sally Schafer</td>
<td>Remus Chippewa Hills</td>
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#### Division 3

<table>
<thead>
<tr>
<th>Scott Werner</th>
<th>Pewamo-Westphalia</th>
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<tbody>
<tr>
<td>Mike Snyder</td>
<td>Frankenmuth</td>
</tr>
<tr>
<td>Gene Lebron</td>
<td>Ithaca</td>
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<tr>
<td>Josh Powers</td>
<td>Adrian Madison</td>
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#### Division 4

<table>
<thead>
<tr>
<th>Emily Kloss</th>
<th>Harbor Springs</th>
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<tbody>
<tr>
<td>Jill Feldpausch</td>
<td>Fowler</td>
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<tr>
<td>David Jordan</td>
<td>Concord</td>
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<tr>
<td>Deb Price</td>
<td>Reading</td>
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2015 Michigan High School Coaches Association

Coach of the Year:

Women’s Track and Field: Mike Snyder / Frankenmuth High School

Men’s Track and Field: Richard Bauer / Saugatuck High School

Richard is a NHSACA National Finalist

Women’s Cross Country: Dave King / Beal City High School

Dave is a NHSACA National Finalist

Men’s Cross Country: Asa Kelly / Benzie Central High School

Asa is a NHSACA National Finalist

*Jerry Lasceski MITCA Treasurer MITCA and MHSCA Hall of Fame
coach will be inducted into the NHSACA National Hall of Fame

NHSACA award winners will be announced June 28 & 29, 2016 at
the National Convention in Louisville, KY

Michigan High School Coaches Association Hall of Fame

Last fall two MITCA Coaches were inducted into the MHSCA Coaches Hall of Fame.

John E. Olser of Orchard Lake St Mary’s High School a MITCA 2005 Hall of Fame Inductee.

Debra Price of Reading High School a 2014 MITCA Hall of Fame Inductee.

Visit www.MITCA.org for all your Track & Field and Cross Country coaches information.
Annie Fuller was a four year letter winner, All-State in both cross country and track and field. She earned Academic All State 3 years in cross country and track and field. She was: 800m State Champion all four years, breaking the Div 3 state record each time. 1600m State Champion Runner Up freshmen year, state champion the following 3 years. Named Gatorade 2015 Female Player of the Year for Track and Field. Invited to Brooks PR MILE in Seattle, Washington finished fifth in 4:48. High School pr's of 207.4 800m and 4:44.45 1600m 4x400m Anchor for a school record, runner up finish 2015 state meet. Led her high school team to 2 regional track titles, and 3rd place Team finish at 2015 State Finals. She holds 7 Manistee school records in track and field. Three year starter on varsity basketball team, Regional Champions Senior year National Honor Society 3 years Graduated Summa Cum Laude Currently running for MSU majoring in kinesiology
Mr. Track and Field
Logan Wetzel ...
Saline High School
now running for Villanova University

After a devastating knee injury wiped out all Logan’s sophomore and a good part of his early junior seasons, he returned better than ever. In a 13-month period beginning at the 2014 state championship Logan Wetzel has had an amazing run.

He was part of 3 DMR National Championships (Outdoors 2014, Indoors & Outdoors 2015). He was an All-American 3 times including 1600m Run Indoors and 3200m Relay All American finishes, placing 4th, splitting in 1:49.6

Other National level races that he competed in included:
1st place finish at the New-Balance Indoor Grand Prix Mile running 4:08.75
4th place finish at the Adidas Grand Prix Dream Mile 4:04.6
4th place finish at the Jr Olympics in the 1500 @ 3:59.36 (all time 1500 PR is 3:48.67

At the state level over the course of 2 State Finals Logan ran in 8 events and had 3 state champion finishes and 5 All-State Finishes:
In 2014:
3200m Relay State Champions All Classes record 7:40.54 split 1:50.4, 1600m Run All State 3rd 4:13.23
800m Run All State 1:53.87, 1600m Relay All State split 49.7
Selected as a Track and Field Dream Team member
2014 Cross Country State Finals finished 2nd place overall at 15:19.2 Selected as a CC Dream Team Member
In 2015:
3200m Relay State Champions All Classes record 7:38.97 split 1:50.7, 1600m Run All State 2nd place finish 4:08.04, 800m Run All State 2nd place finish 1:52.74, 1600m Relay State Champion split 49.4

And Helped Saline to the Division 1 Team State Championship with 71 points which is the 7th highest point total in Div1/Class A in the last 38 years.
2016 MITCA Track and Field Clinic by the numbers

6,507 . . . dollars (62 members) donated to the Kermit Ambrose 101 Club funds. Funds will be used for Team Michigan and the Ambrose Scholarship. It’s not too late to donate.

Ambrose 101 Club Information and forms available at www.mitca.org

719 . . . Number of members in attendance at the clinic (706 attended in 2015).

522. . . Members that pre-registered for this year’s clinic.

197. . Members the registered at the door.

152 . . . new MITCA members at the clinic.

103 . . . pages in the clinic notes.

100 . . . percent of the coaches that enjoyed the clinic.

58 . . . clinic number (58th annual)

48 . . . number of athletes attended the Student Session.

25 . . . vendors in attendance

16 . . . new Coach of the Year award winners.

16 . . . college coaches participating in the clinic roundtables.

4 . . . members receiving awards this summer at the NHSACA National Coaches Convention in Louisville, KY

3 . . . $500 scholarships given to MITCA members college students.

2 . . . new members inducted into the MITCA Hall of Fame.


1 . . . new Sweeney Award winner. Nate Hampton MHSAA
MITCA Track and Field Clinic Election Results (339 voting)

President...Scott Werner  
Secretary . . Kyle McKown  
1st Vice President . . Dave Lustig  
Treasurer . . Jerry Lasceski  
2nd Vice President . . Jeff Erickson  
Public Relations . . Steve Porter  
Media & Communications . . Carey Hammel

Business Meeting Survey Questions

1. Are you in favor of increasing the cost of clinic registration and membership by $10 to include membership in the USTFCCCA and receive the “Track Techniques” magazine. Passed 277 to 47 (85.5%)
2016 Kermit Ambrose 101 Club Members

RAYMOND ANTEL III
KEVIN BEHMER
JIM BILSBORROW
DEAN BLACKLEDGE
BRIAN BOZE
ROBERT L BRIDGES
CHARLES CHILDRESS
PAUL CHRISTIANSEN
DONALD DICKMANN
ROSS DONLEY
JOHN D. EDWARDS
DAVID EMEOTT
JOHNNY ENSING
GREGORY FLASKA
RICHARD FRANK
THOMAS W GASS
KERNIE GILLIAM
ROBERT GLOVER
DEREK GONZALES
CHARLES JANKE
ROB JOHNSON
ROBERT KENT
LYNN KETELHUT
JERRY LASCESKI
CLINTON LAWHORNE
ALLAN LESLIE
STEVEN M LINN
MARTHA LINN
JOHN LOBER
ANDY LYTLE
TONY MAGNI
JOHN W MAKINEN
DON MARSH
MICHÉLLE MCKINNON
TOM MICALLEF
CHAD MILLETICS
LOU MIRAMONTI
JERRY MYSZKOWSKI
PAUL NILSSON
JAMES OKLER
JOHN OSLER
KENT D OVERBEY
PATRICK PASTULA
STEVEN PORTER
JOHN QUIRING
ROBERT L RITSEMA
DAN ROGGENBAUM
DALE SAGE
KATHLEEN SCHOLLAR
KIM SPALSBURY
ROBERT STARK
ROBERT STEWARD
MIKE UNGER
LOWIE VAN STAVEREN
BENJAMIN L WATSON
BRIAN WILSON
LARRY WILTSE

Thanks to the above members for their generous contributions.
The Ambrose 101 funds will help support the Ambrose Scholarship,
the Mid West and Mid East Meet of Champions.