

2017 Midwest Meet of Champions

Saturday, June 10th, 2017

The Top seniors from Michigan, Indiana, and Ohio battle for Midwest Dominance.

Team Michigan is comprised of 3 seniors in each of the events plus relays

This year's meet is hosted by Ohio and will be held in Delaware, Ohio on the campus of Ohio Wesleyan

Selection Sunday June 4th, 2017

Contact Head Coaches directly for more information

Boys Team Head Coach: Mike Nesbitt of Bay City Western

nesbittm@bcschools.net

Girls Team Head Coach: Larry Adams of Rochester

ladams@rochester.k12.mi.us

Provisional Standards for Consideration

Girls	Event	Boys
15.2	100/110 Hurdles	14.9
12.5	100	10.9
25.0	200	22.0
46.5	300 hurdles	39.2
58.9	400	49.1
2:18	800	1:56
5:08	1600	4:25
11:00	3200	9:25
17'6"	Long Jump	22'0"
5'4"	High Jump	6-7
11'6"	Pole Vault	14'6"
39'6"	Shot Put	54'
125	Discus	175'