

# **2018 Midwest Meet of Champions**

## **Saturday, June 9th, 2018**

The Top seniors from Michigan, Indiana, and Ohio battle for Midwest Dominance.

Team Michigan is comprised of 3 seniors in each of the events plus relays

This year's meet is hosted by Michigan and will be held in East Lansing on the campus of Michigan State University

## **Selection Sunday June 3rd, 2018**

Contact Head Coaches directly for more information

**Boys Team Head Coach: Mike Nesbitt of Bay City Western**

[nesbittm@bcschools.net](mailto:nesbittm@bcschools.net)

**Girls Team Head Coach: Larry Adams of Rochester**

[ladams@rochester.k12.mi.us](mailto:ladams@rochester.k12.mi.us)

Provisional Standards for Consideration

Girls	Event	Boys
15.2	100/110 Hurdles	14.9
12.5	100	10.9
25.0	200	22.0
46.5	300 hurdles	39.2
58.9	400	49.1
2:18	800	1:56
5:08	1600	4:25
11:00	3200	9:25
17'6"	Long Jump	22'0"
5'4"	High Jump	6-7
11'6"	Pole Vault	14'6"
39'6"	Shot Put	54'
125	Discus	175'