



Michigan Interscholastic Track Coaches Association

MITCA

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Track and Field Dream Team 2018

Women's	Ms. Michigan Track and Field – Suenomi Norinh Zeeland East		
Long Jump	Clare McNamara (10)	Northville	18'7.5"
Discus	Malin Smith (12)	Lansing Waverly	169'9" (New All Division and D-1 Final Meet Record)
Shot Put	*Corinne Jemison (12)	East Kentwood	49'11.75" (New All Division and D-1 Final Meet Record)
High Jump	*Suenomi Norinh (12)	Zeeland East	5'8"
Pole Vault	Mercier, Jessica (12)	Waterford Ketter	12'10"
4x800 Relay	Oak Park (Dorriann Coleman, Jayla Jones, Makayla Gates, Mariyah Archibald)		9:08.75
100 Hurdles	Grace Stark (11)	White Lake Lakeland	13.16 (New All Division and D-1 Final Meet Record)
100 Dash	Grace Stark (11)	White Lake Lakeland	11.74
4x200 Relay	Detroit Renaissance (Makylah Slappy, Mizan Thomas, Paige Chapman, Donae Adams)		1:39.64
1600 Run	Ericka VanderLende (11)	Rockford	4:45.17
4x100 Relay	Detroit Renaissance (Imani Jackson, Donae Adams, Paige Chapman, Mizan Thomas)		47.42
400 Dash	Miyah Brooks (12)	Oak Park	55.12
300 Hurdles	Melissa Symons (11)	Lake Orion	43.02
800 Run	Katie Osika (12)	Waterford Mott	2:08.88
200 Dash	Aasia Laurencin (10)	Oak Park	24.64
3200 Run	*Anne Forsyth (12)	Ann Arbor Pioneer	10:08.07
4x400 Relay	Oak Park (Makayla Gates, Jayla Jones, Mariyah Archibald, Dorriann Coleman)		3:51.01

* 2017 Dream Team Member

Men's	Mr. Michigan Track and Field - Donnie James Oak Park		
Long Jump	AJ Abbot (12)	West Bloomfield	23'7.25"
Discus	Dylan Targgart (10)	Coldwater	170'10"
Shot Put	Dylan Targgart (10)	Coldwater	61'2"
High Jump	Cassidy Henshaw (12)	Traverse City Central	6'9"
Pole Vault	Trevor Stephenson (12)	East Kentwood	16'9.5" (New All Division and D-1 Final Meet Record)
4x800 Relay	Ann Arbor Pioneer (Netunji Paige, Aldo Pando-Girard, John Florence, Nick Foster)		7:45.64
110 Hurdles	Job Mayhue (12)	East Kentwood	13.99
100 Dash	Eril LaBonte (12)	Traverse City West	10.66
4x200 Relay	Detroit Martin Luther King (Jaeveyon Morton, Dylan Brown, Dequan Finn, Jalen McGaughy)		1:26.74
1600 Run	*Cole Johnson (12)	Rockford	4:08.47
4x100 Relay	Farmington Hills (Moet Andrew, Alfred Hollie, Joe Stevens, Ben Williams)		42.39
400 Dash	Donnie James (12)	Oak Park	47.14
300 Hurdles	Keshaun Harris (11)	Lansing Waverly	37.81
800 Run	*Cole Johnson (12)	Rockford	1:53.11
200 Dash	Donnie James (12)	Oak Park	21.20 (New Division 1 Final Meet Record)
3200 Run	Nick Foster (11)	Ann Arbor Pioneer	9:07.93
4x400 Relay	Grand Blanc (Austin Rippee, Quin Broussard, Carter Merrell, Jeronn Body)		3:20.48
	Brighton (Will Jintz, Scott Spaanstra, Tommy Kocab, Ramsey Jordan)		3:20.84

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