



The Michigan Coach

THE OFFICIAL PUBLICATION OF THE MICHIGAN HIGH SCHOOL COACHES' ASSOCIATION

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Founded: August 15, 1955

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517-526-4575

Michigan High School Coaches' Association 2018 Hall of Fame Class Announced

Mt. Pleasant, MI The doors to the Michigan High School Coaches' Association

"Hall of Fame" will swing open once more on

September 16, 2018.

A formal induction of the Class of 2018 will take place in the Terrace Room of the Bovee University Center on the campus of Central Michigan University.

Person's interested in attending can contact: Mark F. Holdren

The coaches listed will make up the 2018 MHSOCA Hall of Fame inductees:

Rick Albro, Northview

John Dukes, Howell

Tim Gale, Onsted

Frank Garufalo, Mount Morris

Matthew Joseph, Utica Ford

Mike Joseph, Hartland

Gordon LeDuc, Marquette

Tom Masserang, Divine Child

Mark Nixon, Mancelona

Larry Nykerk, Traverse City Central

Daniel Shafer, Algonac

John Shears, Grand Haven

Michael Smith, Saline

Jim Vanitvelt, Flint Kearsley

The Michigan High School Coaches Association was founded on the campus of Central Michigan University in 1954.

The Hall of Fame is located in the Student Activities Center.

Contact: Mark F. Holdren
Mholdren.11@gamil.com 8

54 Marshall Street

Portland, MI 48875

Ph: 517-526-4575

The Importance of Multi-sport Participation By Mark Rerick on June 01, 2016

One of the biggest debates that has been pushed into today's youth sports culture is whether athletes are best to specialize in one sport or try their hands at participating in multiple sports.

Because of the prevalence, access, and influence of club based sports, we're seeing more of our high school athletes specialize at an earlier age. In our post-season player surveys, I often read responses from underclassmen who are planning on dropping one sport in order to focus on their

"main" sport the next year. As participation rates in most of our sports continue to decline, we try to actively combat this trend by pushing out information to our students.

Advocates of single sport specialization point to the "necessity" of year-round skill development in order to give athletes a chance at becoming good enough to play a sport beyond high school. While this method certainly works well for those who are naturally talented (see Tiger Woods or almost any Olympic gymnast), specialization still isn't a guarantee for anything.

In order to meet the goals of our educational-based programs, we focus on several other aspects of participation in our programs.

The main goal within our department is making sure the students are enjoying their time in our programs; we want them to have fun.

If athletes want to play multiple sports, we're hoping that the adults in their lives are encouraging them to play multiple sports.

Too often, the pressure to specialize comes from an adult, either a coach or a parent.

Continued on Pg. 3

**Michigan High School Sport Association
Coaches Clinic Events**

Baseball: January 11-12, 2019
@ Soaring Eagle, Mt. Pleasant

Basketball: BCAM Clinic - 2018. Oct. 6 & 7. Oakland Univ.

Bowling : October 2018 TBA

MITCA; Cross Country:
November 8 —10, 2018
@ Comfort Inn, Mt. Pleasant

Competitive Cheer: October 2018
Crowne Plaza Lansing

Football: January 2018 @
Lansing Center & Radisson Capitol,
17, 18 & 19 January 2019

Golf: Fall Clinic: TBA
Spring Clinic: May 11 & 12 @ Traver-
erse Resort

Gymnastics : October 21, 2018

Men's Lacrosse: Hall of Fame Game
May 5 , 2018 @ Detroit Catholic
Central HS in Novi

Skiing: October 2018

Softball: January 25 & 26, 2019
@ Causeway Bay, Lansing

Swimming: September 2018 TBA

Tennis; February 1st & 2nd, 2019
Site: TBA

Track & Field: January 31, Feb. 1, & 2
2019
Site: Crowne Plaza, Lansing

Volleyball: March 9-10, 2018 at Har-
per Creek HS. All-Star Match will be
at Harper Creek HS on Friday, July
13

Wrestling: TBA

MIAAA: March 15, 2019
@ Traverse City

NHSACA Convention: June 22,-27th,
2018 @ Sioux Falls, SD

The Rich Tompkins Multi-sport Athletic Award Sponsored
by ADDIX, Gear

2017-18 State Winner-Few More Photo Opps



**Mackenzie DeSloover
Yale, Class B**



Grant Huebel, Oscoda, Class C



Andrew Oswalt and parents, Darcy and Jim (James) Oswalt. Athens Class D

From the Michigan High School Coaches Association 2018-19 President, Mr. Larry Merx

The Rich Tompkins Multi-Sport Athlete Award

In a 2014 at a Board MHSCA meeting the idea was tossed-out for an award that would of encourage and reward high school athletes who eschewed the then (and current) trend to specialize in one sport in favor of trying many. The idea was overwhelmingly supported.

By 2015 plans were in place and the first recipients of what is now known as the Rich Tompkins Multi-Sport Award

were selected. In that first year of the award, 2015, high school principals and AD's submitted 50 nominees who had participated in a school sport in each of the three seasons in all four years of their high school career.

Rich Tompkins then traveled to each of the schools who had a winner, one female and one male winner, in each of the four MHSAA classes, eight total.

Since the first "Class" of Multi-Sport Athlete Award winners, the nominations have in-

creased each year.

This year, 2018, 128 nominations were submitted. Each of the nominees received a certificate recognizing their accomplishments.

Each of the nominees is an exceptional student and athlete and leader in their sports, schools and communities.

The committee scored the nominations (comparing scholarship, individual and team accomplishments and additional school and community activities), chose the winners and, following the established tradition,

the awards were presented to each of the winners at senior awards or spring sports events.

What a pleasure it is to meet these exceptional young people and to witness the acclaim their communities give them.

The committee (Mark Holdren, MHSCA Executive Secretary;

Liz Grunch, Basketball;

Debbie Williams-Hoak, Golf;

Sue Miller, Skiing; and Larry Merx, Football)

thanks second year sponsor of the Multi-Sport Athlete Award Sports Addix.

In 2019, we encourage athletic directors and principals to nominate their best three-season/four year candidates for the award.

Provide as much detail as possible in each category of the nomination!

Nominations due April 15, 2019, go to MHSCA.org to file applications.

Continued-The Importance of Multi-sport Participation

By Mark Rerick on June 01, 2016

If less than seven percent of high school athletes move on to college sports (and only three percent earn an athletic scholarship), we need to focus our programming on the other 93 percent of our participants.

If we have 500 participants in our high school, encouraging early specialization is only going to benefit roughly 35 of those athletes, and many of those 35 athletes would have moved on to college sports anyway.

Since most athletes prefer multi-sport participation, we want to create a culture that encourages multi-sport participation.

For those athletes who choose to specialize for the potential to advance to or beyond high school, it's important for coaches and parents to be honest with them. The increased time, cost, and effort commitment is not a guarantee that anything awaits the athlete down the road.

Any athlete who fully commits to a sport needs to be comfortable knowing that the end will come at some time, and probably sooner than the athlete was hoping.

There are several detriments for kids who specialize. The first is facing a greater risk of burnout. Kids get bored when they have to do the same thing over and over again.

Couple that repetition of the same activity with outside pressure placed on the athlete by adults, and it's a perfect recipe for burnout.

Burnout can be caused by many factors, but it ultimately occurs when athletes feel helpless about their ability to meet external (or internal) expectations.

Another problem that we're starting to see more and more is overuse injuries. If tender, growing joints are subjected to the same movements and stress without rest and recovery, those joints are going to get hurt.

Pick your favorite sport, and you'll see that at least one set of joints is more susceptible to injury as a result of those sport specific movements.

World renowned-surgeon Dr. James Andrews has spoken multiple times in the past few years about this more recent phenomenon.

He focuses his discussion around the increase in Tommy John surgeries (to repair a ligament in the elbow) in younger athletes, specifically baseball players. Certainly the possibility of injury can be reduced through a well

designed and implemented training program that incorporates rest time, but many of our club sports are being run by individuals who are have sport-specific knowledge and who are not familiar with periodization or safe training regiments.

One of the biggest issues we face with all kids in youth sports today is the overscheduling and over-organization of sports. Kids who are allowed time to free play – outside of the structure of organized sports – tend to be more creative, have better basic motor skills, learn more social/emotional skills, and find ways to just have fun while playing.

Kids who are taking year-round lessons or moving from team to team and miss out on the opportunity to grab some friends, roll out the ball and just play.

The other risk our youth face when involved in year-round organized sports is that of stunted social and emotional growth. When adults are always in charge, kids don't learn how to communicate with each other, how to problem solve, how to solve disagreements, or how to have fun for the sake of having fun. All of these are important skills that we use in the adult world as well.

Aside from that, increased time in one activity naturally leads to decreased

time in all other activities. This narrows an adolescent's social circle and number of experiences outside of the specialized sport.

The last major detriment is the external pressure put on athletes to succeed. Athletes who are encouraged to specialize in a sport for any reason are often placed on a pedestal by the adults around them.

Specialization often occurs as a result of coaches or parents who want athletes to "be the best they can be" without acknowledging that there are many paths to that goal. The younger the kids are, the fewer coping skills they have acquired to deal with this kind of pressure.

The many benefits of multi-sport participation are clear for the 93 percent of high school athletes who will not advance to the college level. Similarly, there are tangible benefits for those seven percent of athletes moving on, too.

In addition to the athlete's sport-specific skill level, college coaches want to know how an athlete moves, how an athlete thinks, how good of a teammate the athlete is, how the athlete deals with adversity, and how the athlete competes.

All of these can be easier to witness

when an athlete is playing a sport that comes less naturally to them.

In addition, there are plenty of cross-sport skills that can be learned in one activity then applied to others.

Athletes can learn or enhance their hand-eye coordination, balance, endurance, explosion, communication or athletic agility by participating in a variety of sports.

The athletes who are genetically gifted can still benefit greatly from participating in many different sports.

Because the majority of our youth athletes can benefit greatly from multi-sport participation, it is important to create a department philosophy and culture that encourages our students to stay involved in activities.

Mark Rerick, CMAA, has been an athletic director since 2006. After spending time splitting duties at other schools as a teacher, coach and principal, he has been the full time athletic director for Grand Forks (ND) Public Schools since 2012.

MHSCA SPONSORSHIPS PROGRAM @ HOF & COTY EVENTS

Sponsor a Hall of Fall or Coach of the Year inductee:

- 1 Sport \$2000.00
- 2 Sports \$3,500.00
- 3 Sports \$5000.00
- 4 Sports \$6000.00
- (Buy 3, get 1 Free)

All 15 Sports \$30,000.00
(\$10,000.00 savings)

- Presentation of the Hall of Fame or Coach of the Year Award at the banquet
- Two (2) Complimentary tickets to the Awards Banquet
- Sponsor banner (2'x4') hung on wall in Banquet Room during Awards Banquet
- Recognition/Advertising in Coach of the Year Awards Program
- Complimentary exhibit booth during the awards day banquets
- Active link on MHSCA website

Sponsor a MHSCA Service Awards Station: \$3000.00

- Company signage promoting your company as the sponsor of this award at HOF & COTY banquets.
- Presentation of the Service Award at the Coach of the Year Awards banquet
- Placement of your company's Logo on award certificates and plaques.
- Recognition ad in the MHSCA Hall of Fame & Coach of the Year Program Booklet
- Placement of your company's marketing materials on table in serving area
- Complimentary exhibit booth during the awards day banquets
- Active link on MHSCA website

Sponsor a Hospitality Station (assessable to all registrants and guests): \$300.00

- Company signage promoting your company as the sponsor of this event
- Recognition ad in MHSCA Hall of Fame & Coach of the Year Program Booklet

- Placement of your company's marketing materials on table in serving area

Active Link on the NHSACA Website: (July 1-June 30)
\$1,000.00

- Your company's web page linked to the MHSCA website's homepage
- Name of company, logo and short description of products/services

Full page ads in MHSCA Hall of Fame or Coach of the Year Awards booklets:

- Newsletter Booklet (10 times a year) \$250.00
- Newsletter Booklet and Coach of the Year Awards Program or Hall of Fame Induction Ceremony Program Booklet \$400.00
- Newsletter Booklet, Coach of the

Year Awards Program and Hall of Fame Induction Ceremony Program Booklet \$500.00

MHSCA Board of Directors meetings or Hall of Fame or Coach of the Year table display or registrants' packet staffer: \$100.00/page

- Your company's product/service information document (8.5"x11"), provided by the sponsor included in each registrant's packet

MHSCA Contact Information:

Mark Holdren, Executive Secretary

517.526. 4575

Mailing Address: 845 Marshall St. Portland, MI 48875

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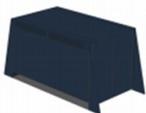


Upgrade your sideline with Sideliner 2.0 or Mini!

Kinematic Sports introduces Sideliner 2.0 and Mini to the Sideliner family of products. Both models deliver the features coaches, athletic trainers, and athletes have come to trust, with new upgrades that improve upon previous models, making them stronger, faster, lighter and longer-lasting!

New Features Include:

- Heavy duty brushed stainless steel hinges
- Auto-locking, heavy duty brushed stainless steel truss system increases frame rigidity and eliminates locking pins
- Streamlined 1-piece crossmember is 4.5 pounds lighter than the original Sideliner model
- Powder coated stainless steel hubs are lighter and stronger
- High strength proprietary tube profile and plastic corner joints increases the life-cycle of Sideliner
- Military grade duffels – engineered specifically to transport Sideliner
- Reengineered covers made from urethane coated DWR nylon are form-fitting and snap in place for easier installation
- World-class printing for branded panels ensure proper color for logos
- Removable, branded panels create new sponsorship opportunities



Sideliner 2.0
Sideliner 2.0 provides the highest level of sideline patient care and privacy and is available for purchase for all levels of play as a part of their sideline care strategy.



Sideliner Mini
Sideliner Mini delivers full functionality from a 40% smaller footprint. When a smaller footprint is needed, The Mini is up for the challenge and gives both injured athletes and the medical staff the privacy they need and deserve.



New Feature Spotlight

Starting in 2018, removable branded panels can be added to your Sideliner unit. The optional panels can be branded much like previous Sideliner covers, but instead of branding directly onto the unit, you can purchase individual panels either at the time of your 2.0/Mini order or later on.

Branded panels are a great source of revenue generation and allow the Sideliner pay for itself. Consider working with your athletic program sponsors and/or booster club to offer this brand-new sponsorship opportunity to your sponsors.

www.kinematicsports.com/shop • sales@kinematicsports.com • 205-690-1163



KEEP THEM HYDRATED, KEEP THEM SAFE

5 TIPS TO HELP ATHLETES STAY HYDRATED

1 KEEP HYDRATION TOP OF MIND

- Remind athletes to check their urine color before practice. If it's the color of pale lemonade, that's a sign of being hydrated.
- Take weather into account and give athletes opportunities to drink during practice.
- Teach athletes to pay attention to how they feel, including their thirst and energy levels.

2 KEEP FLUID LEVELS UP

- Athletes should drink enough fluid to maintain hydration without over-drinking.
- Flavored, cold, lightly salted sports drinks like Gatorade® Thirst Quencher are important, because sodium helps maintain the athlete's desire to drink and retain the fluid consumed.

3 KEEP THE BODY COOL

- Remind athletes to drink cool fluids to help maintain their body temperature.
- If your athletes experience heat illness, help them lower their body temperature by laying them down in a cool place with their legs elevated, applying cool, wet towels to their body and having them drink cool fluids.

4 KEEP HYDRATED BEFORE, DURING AND AFTER ACTIVITY

- Athletes need to think about their entire athletic schedule when it comes to fueling (not just when they are competing).
- Encourage them to drink plenty of fluids throughout the day to replace the fluids lost through sweat.

5 KEEP A RECOVERY SCHEDULE

- Rest and recovery are an essential part of avoiding heat illness.
- Ensure your athletes have time for breaks during practices.
- Encourage athletes to get 6-8 hours of sleep each night in a cool environment if possible.

THE EFFECTS OF DEHYDRATION:

- DECREASED PERFORMANCE
- DECREASED FLUID ABSORPTION
- DECREASED MENTAL FUNCTION
- DECREASED TOLERANCE TO HEAT
- DECREASED MOTOR SKILLS

THE SYMPTOMS OF DEHYDRATION:

- NAUSEA
- FATIGUE/EXHAUSTION
- LIGHT-HEADEDNESS
- HEADACHE
- LOSS OF MUSCLE COORDINATION/
- VOMITING
- FAINTING
- WEAKNESS
- DECREASED PERFORMANCE
- POOR CONCENTRATION/
- ALTERED MENTAL STATUS

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THE SPORTS FUEL COMPANY

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MICHIGAN HIGH SCHOOL COACHES ASSOCIATION HALL OF FAME APPLICATION

Criteria for Application: Only persons who have coached and or directed a secondary school athletics program for 20 years or more and actively coached in Michigan for a minimum of 10 years are eligible for the MHSCA Hall of Fame. The applicant must have been a member of the association (MHSCA), in good standing, and an active member of the association two years prior to nomination into the Hall of Fame. In addition to the application, the nominee will need to have two letters of support sent to the address at the bottom.

Contact Information

Date of Birth: _____

Name of Candidate: _____ Phone: _____

Home Address: _____ City: _____ State: _____ Zip: _____

Candidate E-mail: (please print carefully) _____

School _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Athletic Director Name: _____ Phone: _____

E-Mail Address _____ FAX Number _____

Nominator's Name: _____ Phone: _____

Home Address _____ City: _____ State: _____ Zip: _____

E-mail: (please print carefully) _____

Coaching and/or Athletic Director Record (Please include all that you can on this form)

School	Sport	Years	# of Seasons	Won-Loss Record, Summary
Example Smithville HS	Basketball	1969—2008	48	600-20; 34 League, 20 Reg. 10 State Titles
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Number of years as a Coach: _____ Number of years as an Athletic Director: _____ Combined Total: _____

Coaching Honors Listed:

Service to Sports Associations and/or Community (sports associations, committees, leadership roles, service clubs, church organizations, etc.)

Please send application, photograph (5 x 7) and have 2 letters of support forwarded to:

Mr. Mark Holdren, 854 Marshall Street, Portland, MI 48875

For more information contact: mholdren@portlandk12.org or call: 517-526-4575

MICHIGAN HIGH SCHOOL COACHES ASSOCIATION/GATORADE

15/20/25/30/35/40/45/50 YEAR COACHING SERVICE AWARD

GENERAL REQUIREMENTS

- The candidate must have distinguished himself/herself with good coaching ethics and promoted good sportsmanship throughout his/her coaching career. *The AD or principal's signature confirms this.
- Ten (10) years of coaching outside of the state of Michigan may be applied to the application.
- Coaching at any level may be applied as long as it is a school sponsored interscholastic sport. A maximum of ten (10) years may be allowed for coaching at the collegiate level.
- To receive a general coaching certificate the candidate must have been coaching at least one sport per year at any level for the requested number of years.
- To receive specific certificates for a single sport the candidate must qualify for the specified number of years in that sport. This can be at any level. You cannot however count more than one level or season for a sport in any one year. For example, coaching both boys and girls basketball during the same school year counts as "1" year; coaching both 7th grade boys and JV boys during the same school year counts as "1" year.

Awards for 30 years and more will have the sports that the candidate coached listed on the plaque. The coach will be presented only one award for each level of service after 30 years.

PROCEDURE FOR RECEIVING AWARD

- Complete the application forms (2) and mail to: Mike Jolly, Years of Service Awards,
- 20917 Parkplace Lane, Clinton Twp., MI 48036 or E-mail to: dlsathletics@aol.com
- Certificates will be sent to your home address. Please allow four (4) weeks for processing.

Plaques will be mailed to your home address. Please allow six (6) weeks for processing.

MHSCA APPLICATION FOR YEARS COACHING SERVICE AWARD

___15 Years ___20 Years ___25 Years ___30 Years ___35 Years ___40 Years ___45 Years ___50 Years

Name (as it is to appear on award) _____

Best Phone _____ Email Address: _____

Home Address _____

Home City _____ Home State ___ Home Zip _____

Michigan High School Sports Association: _____ (MITCA, BCAM, etc.)

MHSCA Membership Card #: _____ Year: _____

Signature of Coach _____

Signature of AD or Principal * _____ Phone Number: _____

Printed Name of Administrator: _____ Email: _____

Send Completed form to: Mike Jolly, Years of Service Awards, 20917 Parkplace Lane, Clinton Twp., MI 48036

or E-mail to: dlsathletics@aol.com. Be sure to include your Year-by-Year Summary Sheet.

The MHSCA Coaching Service Award is sponsored by GATORADE in cooperation with MHSCA

MHSCA Service Award Worksheet

NAME: _____

COACHING SERVICE AWARD WORKSHEET

	School Year	School	Sport		School Year	School	Sport
	(Example)	(Example)	(Example)		(Example)	(Example)	(Example)
1	1990-91	MCHS	FB, BBSK, BSB	4	1993-94	MACOMB CC	BBSK
2	1991-92	USAF	Active Duty	5	1994-95	TOLEDO ST. JOHN	BBSK
3	1992-93	MACOMB CC	BBSK	6	1995-96	MCHS	BBSK

1960-61					2000-2001		
1961-62					2001-2002		
1962-63					2002-2003		
1963-64					2003-2004		
1964-65					2004-2005		
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1999-2000							

SPORT CODE
BSB, BBSK, GBSK, BBWL, GBWL, CHR, BCC, GCC FB, BGLF, GGLF, GYM, HCK, BLAX, GLAX, BSKI, GSKI, BSCR, GSCR, SFB, BSWM, GSWM, BTEN, GTEN, BTRK, GTRK, VB, WR

SCHOOL or SERVICE CODE
(Example)
MCHS Mt. Clemens HS
USAF US Air Force

Michigan High School Coaches Association Distinguished Service Award is one of our highest award for services and contributions sports in the state of Michigan.

The MHSCA Distinguished Service Award:

MHSCA recognizes individuals and organizations who have provided extraordinary service to educational athletics, the advancement student athletes, coaches, or those who serve interscholastic athletics through its Distinguished Service Awards.

The Distinguished Service Award (DSA) is given to a person (or persons), either volunteer or staff, who have exhibited valuable professional service (within the MHSCA or among its association membership) including academically, supportive, service, or assistance distinction at any level of interscholastic athletics. These criteria are good measures of acceptable candidates and help to assure that recipients have a wide range of "service" that they provide to the profession of interscholastic athletics. Nominations should be submitted on an individual basis, not by a group or on behalf of constituent groups (conferences, affiliates, assemblies, committees, etc.).

The MHSCA Distinguished Service Award does not need to be awarded each year. This award should be bestowed only when the MHSCA Board of Directors committee decides that nominations warrant presentation of the award. This award may be given posthumously.

- Why nominate? Someone for the MHSCA Distinguished Service Awards:
- Represent an opportunity to steward high-impact on interscholastic athletics
- Recognize institutions for their affiliation with individuals who demonstrate the highest level of professionalism and commitment to interscholastic athletics.
- Are judged by peers and colleagues as a creditable nominee.
- Celebrate individuals who epitomize the profession's highest standards for interscholastic sports
- Focus attention on the exemplary, and by doing so, elevate the profession overall and establish a high standard of excellence in promoting, supporting or contributing to interscholastic.

Required information for completed application:

Name of MHSCA Distinguished Service Award Nominee:

School or sport affiliation:

Email:

Mobile Phone

Nominated by:

Email:

Mobile Phone:

I believe this nominee is worthy of receiving this award for the following reasons:

Completed application can be submitted to MHSCA1954@gmail.com

MHSCA.ORG

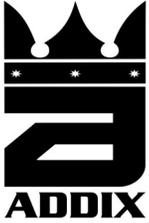
MICHIGAN HIGH SCHOOL COACHES ASSOCIATION

JIM OKLER, EXECUTIVE DIRECTOR
CELL: 734-223-8490

854 MARSHALL STREET, MI 48875
E-MAIL: MHSCA1954@GMAIL.COM

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MHSCA Sponsors



Meet Your New Medco Sales Representative

Mandy Estep MS, ATC

serving our Midwest Territory

Valued customers in Louisiana, Oklahoma and Texas,

We're pleased to announce Amanda Estep (Mandy), has joined the Medco Sports Medicine sales team, serving our South Central Territory.

Living just outside of Cincinnati Ohio, Mandy will assume responsibility for our Midwest sales territory which includes the states of Ohio, Michigan, Indiana, Kentucky and West Virginia.

Mandy received her Bachelor's degree in Athletic Training from Eastern Kentucky University where she was a member of the women's varsity soccer team, and her Master's degree in Sports Medicine from Georgia State University in Atlanta. After working several years as an Athletic Trainer for high schools in Georgia, North Carolina and Florida, Mandy and her family returned to Cincinnati where she worked as an Outreach Athletic Trainer for Mercy Health. Mandy began her sales career working for Apex Medical Systems and DJO Global, where she's worked for the past 2 years.

Mandy will begin her Medco career on Monday (October 9th) and spend the first week getting acclimated in our Amherst NY office. Please join me in welcoming Mandy to Medco and wishing her great success in her new position!

Thank you for your continued support of Medco Sports Medicine!

MHSCA BOARD OF DIRECTORS & EXECUTIVE COMMITTEES CALENDAR

- Board of Directors Fall Board Meeting & Hall of Fame Banquet September, 16, 2018 @ CMU
-
- Board of Directors Fall Board Meeting November 11, 2018 @ Ramada Convention Center, Lansing
- Board of Directors Spring Board Meeting March 10, 2019 @ Ramada Convention Center, Lansing



Our Performance Health Family of Brands Include:

