

2018-2019 Track & Field Proposal #1

Are you in favor of moving the 3200 Meter Relay to after the 100 Meter Dash prelim races, but before the 110/100 Meter Hurdle and 200 Meter Dash prelim races at Regionals and State Finals?

Rationale:

This would allow more rest time between the 100 Meter Dash prelim and the 200 Meter Dash prelim, or also more rest for anyone attempting to run the 100 Meter Dash prelim and the 110/100 Meter Hurdle prelim. Several athletes complete the 100 Meter Dash and 200 Meter Dash double at Regionals and the State Finals.

Items to Consider:

Recently it has been a positive that the 3200m Relay has been the first event at a set time which made scheduling warm ups for the 3200m Relay athletes easy.

From a Meet Management perspective it can be a hassle to adjust to running the 3200m Relay in the middle of the Prelims. The starters have to move and blocks come off the track.