David Emeott
East Kentwood High School

The Sweeney Award is named after one of the MITCA Founding fathers, Charles Sweeney, and is the highest honor given at the Track Clinic. David Emeott of East Kentwood High Schools joins our Hall of Fame Inductees as the 2019 Sweeney Award recipient. Coach Emeott has provided a great amount of service to our organization. He has served on the MITCA Executive Board as our Political Lesion and MITCA Meet Manager. Coach Emeott coordinates the Thursday night College Clinic speakers at both our Cross Country and Track clinics. Dave is a finalist for the National Coaches Association Track & Filed National Coach of The Year. In his 24 years of coaching his teams have won seven MHSAA State Championships, three runner-ups and 11 MITCA Team State Titles. He was selected Coach of the Year from MITCA seven times, for the MHSCA three times and the USTFCCA twice. His boys track and field teams are always nationally ranked, and Dave is one of the most sought after Pole Vault clinicians.

2018 Scholarship Winners:

- Patsy Arpino Scholarship (2 x @ $500.00)
  Laurel Shaw daughter of Steve Zarnek of Rick & Lisa Shaw attending University of Michigan
  Cara Atwood daughter of Andrea Atwood of White Cloud attending Baker College

- Kermit Ambrose Scholarship (1 x $500.00)
  Bree Ann Romanowski daughter of Trina Romanowski of Hudson attending Grand Valley State

Nominating forms for Special Awards and Scholarships are available at www.mitca.org
MITCA Track & Field Clinic Highlights

MITCA welcomes Hall of Fame Track & Field Coaches
Ernie Ayers of Sand Creek and Josh Powers of Madison

Coach Ernie Ayers has an outstanding 38 year coaching record at Sand Creek HS. His boys track team won MITCA Team State titles in 2009 and 2011 and finished in the top 10 at that meet 9 times. He has eight regional championships and 17 conference championships to his credit. At the MHSAA State Meet his teams have finished top ten, nine times. Coach Ayers was inducted into the Football Coaches Hall of Fame in 2002.

Coach Josh Powers is entering his 22nd year of coaching, most at Adrian Madison HS. Josh’s stellar record includes a 2017 State Championship and ten other top ten finishes. At the MITCA Team State Meet his boys team won in 2003 and 2005 and his girls team has four runner-up titles. He has won 12 regionals and 14 conference championships.

The Milan Girl’s Track team members enjoy a day off school and exams to help at the clinic. MITCA would like to thank them for their service.


2018 Boys Coach of the Year Nominees

Winners Underlined

Division 1

East Kentwood - David Emeott
Ann Arbor Pioneer – Don Sleeman
Saline – Al Leslie
Grand Blanc - Edward Stanbury
Rockford - Andrew Martin

Division 2

Coldwater – Jeff Schorfhaar
Zeeland East - Ralph Neal
Harper Woods Chandler Park – Paul Zelmanski
Zeeland West - Phil Hoover

Division 3

Clare - Adam Burhans
Berrian Springs – Jonathan Rodriguez
Kent City – Jeff Wilson
Saugatuck – Rick Bauer

Division 4

Sand Creek - Ernie Ayers
Southfield Christian – Todd Crouch
Whittemore Prescott - Jeff Erickson
Hillsdale Academy - Mike Roberts
Addison – Aaron Wesche

2018 Girls Coach of the Year Nominees

Winners Underlined

Division 1

Rockford - Randy Vanderveen
East Kentwood - Stephanie Stephenson
Lake Orion – Dave Hutson
Northville – Tim Dalton

Division 2

Zeeland East - Josh Vork
Detroit Country Day - David Wilson
Lansing Catholic – Tim Simpson
Dearborn Divine Child – Gordon McIntosh

Division 3

Hart - Mindy Whitney
Jackson Lumen Christi – Ryan Miller
Boyne City – Andrew Place
Clare - Kyle McKown

Division 4

Fowler - Jill Feldpausch
Pittsford - Brian Smith
Southfield Christian - Todd Crouch
Concord – David Jordon
Michigan High School Coaches Association 2018 Coach of the Year:
These coaches were honored on Sunday, November 11, 2018 at the MHSCA Coach of the Year Banquet at the Lansing Ramada and are eligible for regional and national honors.

Congratulations to:

Men’s Track and Field: **Dave Emeott / East Kentwood High School**
* Dave is a finalist for the NHSACA National Coach of the Year
  **Best of Luck Coach Emeott this summer in North Dakota**

Women’s Track and Field: **Josh Powers / Adrian Madison High School**

Men’s Cross Country: **Bryan Heid / Corunna High School**

Women’s Cross Country: **Tim Simpson / Lansing Catholic High School**
* Tim is a finalist for the NHSACA National Coach of the Year
  **Best of Luck Coach Simpson this summer in North Dakota**

U.S. Track & Field and Cross Country Coaches Association 2018 Michigan Coach of the Year:

Congratulations to:

Men’s Cross Country: **Jeff Schember / Caro**

Women’s Cross Country: **Kevin Breen / Clarkston**

Men’s Track and Field: **David Emeott / East Kentwood**

Women’s Track and Field: **Jill Feldpausch / Fowler**

Special Clinic Award Clinic

High School Assistant Coach of the Year (four)

**Richard White of Grand Ledge** nominated by Head Coach Fred Hutchinson

**Theresa Byrne of Bad Axe** nominated by Head Coach Lee Kahler

**Marie Hamay of Addison** nominated by Head Coach Aaron Wesche

**Ben Howell of Caledonia** nominated by Head Coach Joe Zomerlie

**Nancy Grant / Alice Averill Award**
for Outstanding Contributions to the Sport of Track and Cross Country.

**Chris Kurtz of Milan High School** nominated by Head Coach Steven Porter

**Anna Devitt of the Hartland Athletic Department** nominated by Head Coach Gerald Bliznik

Visit [www.MITCA.org](http://www.MITCA.org) for all your Track & Field and Cross Country coaches information.
2019 MITCA Track and Field Clinic by the numbers

9151 . . . Dollars (new record) donated to the Kermit Ambrose 101 Club funds. Funds will be used for Team Michigan and the Ambrose Scholarship. It’s not too late to donate.

1000 . . . Dollars donated to the Ambrose 101 Club from the Greater Lansing Convention Bureau

*Ambrose 101 Club Information and forms available on page 10.*

658 . . . Number of members in attendance at the clinic.

501 . . . Members that pre-registered for this years clinic.

396 . . . Dollars collected at the banquet for the Ambrose 101 Club.

185 . . . Number of pages in the clinic notes.

157. . . Members registered at the door.

138 . . . Members who enjoyed the Thursday Night Carnival.

108 . . . New MITCA members at the clinic.

100 . . . Percent of the coaches that enjoyed the clinic and new venue.

60 . . . .Clinic number (60th annual)

26 . . . Vendors in attendance

16  … New Coach of the Year award winners.

16 . . . Carnival Trophy Winners

3 . . . $500 scholarships given to MITCA members college students

2 . . . New members inducted into the MITCA Hall of Fame.

Congratulations **Josh Powers / Madison** and **Ernie Ayers / Sand Creek**

1 . . . New Sweeney Award winner: **David Emeott / East Kentwood**
## 2018 MITCA Track Clinic Prediction Run 2/2/19

Crowne Plaza Hotel, Lansing, MI

Sponsored by Kevin Behmer and Ann Arbor Race Timing

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Gold Ambrose 101 Club Member $500 Donation

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Greater Lansing Convention Bureau

Silver Ambrose 101 Club Member $200 Donation

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Ambrose 101 Club Member $101 Donation

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Thanks to the above members for their generous contributions.
The Ambrose 101 funds has raised $9151.00 to support the Ambrose Scholarship, the Mid West and Mid East Meet of Champions.
Dear MITCA Member,

As a MITCA member, I’m not sure you are aware of the legacy Kermit Ambrose left on our organization and the running community. Kermit was the founding father of MITCA, President, Secretary, News Letter Editor and President Emeritus. Kermit passed away six years ago after a glorious 101 years. MITCA would not be the fine organization it is today if not for the service of Kermit Ambrose. The MITCA Executive Board would like to help honor and continue Kermit’s memory by establishing the Kermit Ambrose 101 Club and Kermit Ambrose Foundation. Kermit lived 101 years, so we are seeking contributions of $101.00 to match his dedication to the MITCA origination. Your contributions will be used to help fund Team Michigan to compete at the Midwest Meet of Champions (track & field), the Mideast Meet of Champions (cross country), and the Kermit Ambrose Scholarship. Both championship meets and teams are underfunded and the Executive Board has made this a priority for the future. Kermit was instrumental in establishing these meets as a MITCA responsibility and it is only fitting that the support of this organization comes in his name. Your contributions are tax deductible and our identification numbers are listed below. Last year the Ambrose 101 Club raised a record $7,682.00.

If you return the form below with a $101.00 donation and are attending the Cross Country Clinic you will receive a Ambrose Chocolate Sundae at the Coach of the Year Banquet. This treat will only be available for members of the Kermit Ambrose 101 Club. When checking in at the clinic please stop at the Ambrose 101 Club table for your ribbon.

Thank for your support,

Steven R. Porter
State Non-Profit Identification Number : 705219
MITCA Public Relations Federal Identification Number : 38 2493122

Kermit Ambrose 101 Club  (it’s not too late!)   page 8

Kermit Ambrose 101 Club and Foundation Donation Form (please detach and return with your donation)

Please make your check out to: MITCA, Ambrose 101 Club

Return to:  Steven Porter MITCA PR
1250 Mooreville Rd.
Milan, MI 48160

name ______________________________ home phone __________________________

address ______________________________ e-mail ______________________________

city_______________, state______ zip code________________________


Norbert Badar was born in Cleveland, Ohio on December 28, 1924. A graduate of Cathedral Latin (Cleveland) where he was an outstanding hurdler. Immediately following graduation and at the age of 17, Norb joined the Army Air Force where he trained as a fighter pilot. Post-service, and for two years, Norb attended Baldwin Wallace College. While at BW, Norb continued his track career and had as a teammate, Harrison Dillard – four-time Olympic Champ. Norb left BW to earn an undergraduate degree from EMU followed by a Master’s Degree from MSU.

In 1951, Norb began his forty-year teaching and coaching career at Flint Northern High School. Norb had a lifelong love of track and field; as an athlete, coach and mentor and this showed through as Norb’s teams won multiple championships including four state championships. Norb was named MITCA COY nine times and the MHSCA COY three times. Norb’s service to the sport and MITCA earned him the Charles Sweeney Award in 1982; he was inducted into the MITCA Hall of Fame that same year, the MHSCA HoF in 1993 and the NHSACA HoF in 2000.
Born in 1911 in Pierce, Nebraska, Kermit took his first teaching assignment at age 18 in his hometown's one-room school house; he was paid $2.50 a day. At the onset of the Second World War, Kermit joined the United States Army Air Corps, and served as a meteorologist specialist in Italy and Northern Africa.

After the war, Kermit settled in Michigan and with the help of the GI Bill, earned a Master's Degree in Education from the University of Michigan after which he began teaching science at Seaholm High School in Birmingham. In addition to teaching, he also coached football, track, and cross country. Kermit coached Seaholm's cross country team to two state championships and twice they finished runners-up.

A friend and mentor to thousands upon thousands of students and athletes, Kermit N. Ambrose was a devoted teacher and coach who will be missed by all those who were lucky enough to know him.

Kermit Ambrose
Pierce, Nebraska
Chicago Public Schools
US Army
University of Michigan
Birmingham Seaholm HS: Science, Drivers Education, Cross Country, Football, Track and Field
Eugene Freed came north, from Greenfield, in south central Mississippi to attend the University of Michigan. In the early 50’s, Gene taught, and coached (football and wrestling) at Union High School located at State and Huron. (NOTE: Union ultimately became Ann Arbor HS and then Pioneer HS)

In 1957, Gene began teaching math at Farmington HS and added to his coaching credentials, Cross Country, Basketball, and Track and Field (he continued to coach Wrestling). While at Farmington, he coached Warren Rex Cawley, a state champion in the hurdles. Cawley then went to Southern Cal, ultimately becoming an NCAA 400 hurdles champ and Olympian.
Born in 1932, Jack graduated with a BS from Michigan State University followed by a MS from Eastern Michigan University.

Jack found great success teaching and coaching cross and track Hazel Park High School. A founding and active member of MITCA, Jack served as secretary in 1963; in 1966, Jack was named MITCA’s Coach of the Year.

Jack’s 35-years as track and cross country coach coupled with a cross record of 241-64-2 earned him 1990 honors as the NHSACA Mid-West Coach of the year.
Bob Parks was born in Pittsburgh, PA and grew up in Howell, MI. At Howell HS, Bob was mostly interested in playing football. On the field, his teammates noticed how he could outrun everyone and it was suggested that he go out for Track. Ultimately, Bob became the MHSAA Class B state champion in the 440 yard dash.

At EMU Bob was a member of the record-setting mile relay team (record held for 14 years) and in 1951, the IIAC 880 yard run champ.

Bob coached nine years at Thurston HS before becoming an assistant Track coach at Western Michigan and ultimately the head Track and Cross Coach at EMU.

Bob coached eight athletes who competed in thirteen Olympics. For his contributions to the sport, Bob is honored in multiple Halls of Fame including EMU, Drake Relays, and USATFCCA. EMU’s indoor and outdoor tracks are named in his honor and his daughter, Sue Parks, is today, the women’s head track & field coach at EMU.
Based on a June 6, 1942 Detroit Free Press photo showing Al edging out Bob Edmondson in the Prep Track Mile Finals, it is believed he attended school and ran in the Detroit Metropolitan area.

Pingel attended Michigan State Normal (later, EMU) where in 1948 he ran to All-American honors. After college, the Physical Education major had great success coaching Track and Cross Country at Wyandotte Roosevelt High School accumulating a record of 122 wins and 25 losses. Among those wins was a Michigan first – three consecutive Cross Country Regional wins (’64, ’65, ’66). Also, of note, was Al’s Final Meet runner-up Track team in ’66 (with three individual state champs). In the early 60’s, Al had the good fortune to coach Jerry Cerulla, ’65 number 1 hurdler in the world and ’68 Olympian.

Beginning in 1967 and until 1980, Pingel worked as Bob Parks’s assistant Cross and Track coach.
A Cleveland native, born in 1933, Don Sazima’s love for track and field has been a life-long affair. MITCA’s humble beginnings are reflected in its first president and one of the eight founding members.

Sazima has traveled around the world as a Fulbright Professor of Physical Education. Speaking in the Middle East, Europe, Africa, and Korea, Don has spoken about the benefits of physical education and track and field. Additionally, he assisted Korea in setting up a National Track & Field team which helped secure its bid for the 1988 Summer Olympics. If there has ever been a sower of seeds, Don Sazima is it, his motivation is to improve the circumstances of others.

Additionally, Don was the CMU coach for many years. He keeps “a low profile because I have things to do,” says Sazima. Those “things” include competing in multi-event championships meets around the country.

A native of Shepherd, MI for forty years, Sazima has recently moved to Minnesota.
Bruce Waha
Detroit Cooley HS
US Navy
Wayne State University
Redford HS: Health, Football, Cross Country,
Howell HS, Michigan State University

Bruce was born in Jackson, MI in 1926 and in 1944 graduated from Detroit Cooley HS. Upon graduation, and in the last year of WWII, Bruce served in the US Navy.

After the war, Bruce attended Wayne State University, studying education, playing football and throwing the shot. A career in teaching and coaching followed at Detroit Redford HS (head FB, ‘54; also track coach at Detroit Eastern and then head track 1956-1970) Howell MS and HS (1971-1982), and Michigan State University (12 yrs – field events).

Bruce’s influential career result in his induction into several Halls of Fame including MITCA, MHSCA, the Detroit Track and Field Old Timers.

While Bruce’s great love of teaching and coaching was reflected in the many accomplishments of his athletes and teacher coaches whom he mentored, his greatest love was being with his family.
MITCA Hall of Fame rings are available through Graduate Service Detroit, a Herff Jones company. They are available in men’s and women’s sizes. Any MITCA Hall of Fame (this includes Ambrose, Sweeney, Hall of Fame Track and Cross Country inductees) member interested in purchasing a ring, or a school group wishing to purchase a ring for an inductee or Hall of Fame member should contact:

Bonnie Lancaster
Graduate Service Detroit
4938 Dewitt  Suite 200
Canton, MI 48188
734-725-5743
highschool.herffjones.com  or bonnie@hjdetroit.com