We are pleased to announce the following Award Winners. Please join us at the MITCA Coach of the Year and Hall of Fame Awards Banquet on Friday, January 31, 2020 at the Crowne Plaza—Lansing West 877-322-5544.

email porters@milanareaschools.org for extra banquet tickets.

Mike Dennisuk
Woodhaven High School
Named 2019 Hall of Fame

Mike Dennisuk of Woodhaven High School heads our Hall of Fame Inductees as the 2020 Charles Sweeney Award recipient. The Sweeney Award is named after one of the MITCA Founding Fathers, Charles Sweeney and is the highest honor given at the Track Clinic. Coach “D” as he’s known by his athletes, has a lengthy list of service to our organization. He has served on several MITCA committees and served as chairman of the track and field committee. Mike has coached at Woodhaven since the 80’s, serving as Girls Track Coach (9 years), Boys Track Coach (19 years), MS Track Coach (4 years), and Cross Country Coach (30 years) for a total of 34 years of service to the sports of track and cross country. His track team has compiled a 113—61 record, including 36 consecutive dual meets, six League Championships, six News Herald Championships, and three top ten finishes at the MITCA Team State Meet.

MITCA 2020 Hall of Fame Track and Field Coach Inductee
Mitch Lutzke Williamston

Coach Mitch Lutzke has finished his 27th year as head coach (27 for girls and the past 6 for boys) at Williamston HS. Mitch’s stellar record includes nine MITCA Team State Championships, 11 Regional Championships, and 19 League Championships. Williamston is a consistent top 10 finisher at the MHSAA State Meet. On the statewide level Coach Lutzke has served on the MITCA T&F Committee, the MHSAA Rules and Regulation Committee, Additional Qualifying Standards Committee and the Lansing Area Honor Roll Committee. Mitch has been honored as Coach of the Year from the Lansing area three times, MITCA in 2001 and 2007, and was named the MHSCA Coach of the Year in 2016.

Be sure to attend the MITCA Hall of Fame and Coach of the Year Banquet on Friday, January 31, 2020 and help us honor all the outstanding coaches listed in this announcement. Go to mitca.org for clinic information.
2019 MITCA Track & Field Coach of the Year Nominees

BOYS - 2019 MITCA Track & Field GIRLS - 2019 MITCA Track & Field

Coach of the Year Nominees

D1 Boys:
David Emeott - East Kentwood
Don Sleeman - Ann Arbor Pioneer
Dave Pike - Lansing Waverly
Edward Stanbury - Grand Blanc

D2 Boys
Phil Hoover - Zeeland West
Brian Bearss - Yale
Randy Williams - Dearborn Divine Child
Brian Heid - Corunna

D3 Boys
Jason Marcy - Ithaca
Rick Bauer - Saugatuck
Scott Werner - Pewamo-Westphalia
Mike Kloss - Harbor Springs
Adam Burhans - Clare

D4 Boys
Todd Crouch - Southfield Christian
Kurt Gulick - Breckenridge
Mike Jurasek - Concord
Mike Roberts - Hillsdale Academy

Coach of the Year Nominees

D1 Girls:
Randy Vanderveen - Rockford
Stephanie Stephenson - East Kentwood
Nancy Boudreau Ann - Arbor Pioneer
Dave Hutson - Lake Orion

D2 Girls
Alan Montgomery - Corunna
Josh Vork - Zeeland East
Mike Dykstra - East Grand Rapids
Michael Snyder - Frankenmuth

D3 Girls
Scott Werner - Pewamo-Westphalia
Carey Hammel - Shepherd
Rob Evans - Quincy
Jill Evers - Kent City
Kyle McKown - Clare

D4 Girls
Jill Feldpausch - Fowler
Brian Smith - Pittsford
Tracy Dawson - Royal Oak Shrine Catholic
John Carr - Bridgman

The MITCA CARNIVAL is back. Thursday night at the clinic 9:15 -12:00 in Room C
Last two years it was a big hit so we thought we would do it again. Get ready for the CARNIVAL.
Plenty to do for everyone as well as food and drink.
Go to mitca.org for all clinic information.
Michigan High School Coaches Association 2019 Coach of the Year:

Congratulations to:

Men’s Track and Field: Philip Hoover / Zeeland West High School
Women’s Track and Field: Randy Vanderveen / Rockford High School
Men’s Cross Country: Mike Kloss / Harbor Springs High School
Women’s Cross Country: Mark Zitzelsberger / Mt. Pleasant Sacred Heart High School

These coaches were honored on Sunday, November 10, 2019 at the MHSCA Coach of the Year Banquet and are eligible for regional and national honors.

Congratulations to 2019 MHSCA Hall of Fame Inductees

Tom Micallef / Ypsilanti High School
David Miller / Jackson Lumen Christi High School
Steven Porter / Milan High School

go to mhsca.org for more information and special forms . . .

2020 Scholarship Winners (3 @$500 each)

Whitley Blake attending Indiana Tech. University daughter of Michele Blake of Brown City HS
$500 from the Patsy Arpino Memorial Scholarship Fund.

Brendan Nesbitt attending Saginaw Valley State University son of Mike Nesbitt of Bay City Western HS
$500 from the Patsy Arpino Memorial Scholarship Fund.

Brooke Bliznik attending Michigan State University daughter of Gerald Bliznik of Hartland MS
$500 from the Kermit Ambrose Memorial Scholarship Fund.
More MITCA Track Clinic Awards and Recognition

2019 Ms. Michigan Track and Field – Ericka VanderLende . . . Rockford
2019 Mr. Michigan Track and Field – Heath Baldwin . . . Kalamazoo Hackett

MITCA 2019 Academic All State Team Champions (determined by Team State Competition)

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<thead>
<tr>
<th>Boys</th>
<th>Girls</th>
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<tr>
<td>Division 1 Boys Saline HS 3.956</td>
<td>Division 1 Girls Ann Arbor Skyline HS 3.947</td>
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<tr>
<td>Division 2 Boys Forest Hills Eastern 3.991</td>
<td>Division 2 Girls Forest Hills Eastern HS 3.984</td>
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<tr>
<td>Division 3 Boys Clare HS 3.903</td>
<td>Division 3 Girls Kent City HS 4.00</td>
</tr>
<tr>
<td>Division 4 Boys Morrice HS 3.762</td>
<td>Division 4 Girls Marcellus HS 3.954</td>
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We will recognize the following awards and honors at the MITCA luncheon on Friday.
Regional Coach of the Year (see page 5).
Academic All State Team and Individual honors (Team Champions listed above).
2020 Scholarship Winners (3 @ $500, listed on page 3).
MITCA Business Meeting and Comments from Nate Hampton from the MHSAA.

We will recognize the following awards and honors at the MITCA banquet Friday night.
Mr. and Ms. Michigan Track and Field (listed top of this page).
2019 Coach of the Year (nominees listed on page 2).
Special Assistant Coach of the Year awards, Finish Line Award, and Overcoming Obstacles Award.
Hall of Fame and Ambrose Award (see honorees on front page).

Forms for future Special Awards and Scholarships are available at www.mitca.org
Coaches will be recognized at the MITCA Clinic Business Meeting on January 31, 2020

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### MITCA Regional Coaches of the Year Division 1 - Track & Field

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### MITCA Regional Coaches of the Year Division 2 - Track & Field

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### MITCA Regional Coaches of the Year Division 3 - Track & Field

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### MITCA Regional Coaches of the Year Division 4 - Track & Field

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### MITCA Regional Coaches of the Year Upper Peninsula - Track & Field

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Dear MITCA Member,

As a MITCA member, I’m not sure you are aware of the legacy that Kermit Ambrose left on our organization and the running community. Kermit was the founding father of MITCA, President, Secretary, News Letter Editor and President Emeritus. Kermit passed away six year ago after a glorious 101 years. MITCA would not be the fine organization it is today if not for the service of Kermit Ambrose. The MITCA Executive Board would like to help honor and continue Kermit’s memory by establishing the Kermit Ambrose 101 Club and Kermit Ambrose Foundation. Kermit lived a 101 years, so we are seeking contributions of $101.00 to match his dedication to the MITCA origination.

101 Club News/Announcements and your donations at work.

1. Thanks to our Team ADDIX partnership, Team Michigan uniforms are now provided to MITCA for both the Mid East and Mid West Meet of Champions at no cost. (see Mid-East Team pictures below)

   Go to www.addixgear.com/ for your team gear.

2. Last year you donated a record $9,300.00 and we were able to provide a charter bus (for the second year) to help transport the Team Michigan Cross Country teams to the Mid East meet in Ohio.

3. In the future we hope to raise funds to support transportation to the Mid West Track and Field meet when it leaves Michigan. We need your continued/additional support to make this happen.

Your contributions are tax deductible and our identification numbers are listed below. This year the Ambrose 101 Club hopes to top over $10,000.00

If you return the form below with a $101.00 donation (by mail January 27, 2020 or bring to the clinic) you will receive a Ambrose Chocolate Sundae at the Coach of the Year Banquet. This treat will only be available for members of the Kermit Ambrose 101 Club. When checking in at the clinic please stop at the Ambrose 101 Club Table for your Ambrose Ribbon.

Thank for your support,

Steven R. Porter

MITCA Public Relations

State Non-Profit Identification Number :705219

Federal Identification Number : 38 2493122

Kermit Ambrose at 101 years

This year’s goal is $10,000, to date we have collected $3,900, $6,100 to